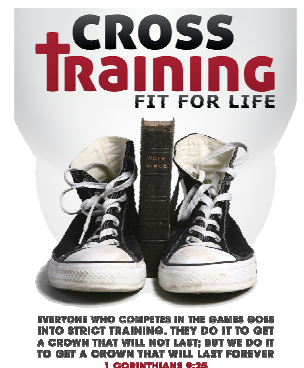




We have exciting plans for our **2014 Lent Season**. Each Sunday we will explore the various aspects of **"Cross Training"**. Wednesdays we will add to our regular "M&M" meeting-in-the-middle/midweek program by inviting the entire *Spirit of Life* church family and friends to join us for the 6-7pm kid-friendly **Meal and Devotions**.

Ash Wednesday, March 5: Help us kick off Lent by joining us for the **7pm**

Family Worship Service. Our M&M children will be assisting in leading worship! (M&M resumes next Wednesday at 3:30 pm.)

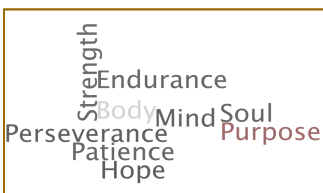


Sunday, March 9: "Cross-Training" - 1 Corinthians 9: 24-27

Wednesday, March 12: 6-7 pm meal with devotion

Sunday, March 16: "Cross-Lifting" - Luke 9: 21-27

Wednesday, March 19: 6-7 meal with devotion



Sunday, March 23: "Perseverance" - 2 Timothy 4: 6-8

Wednesday, March 26: 6-7 meal with devotion lead by our youth!

Sunday, March 30: "Endurance" - Romans 5: 1-5

Wednesday, April 2: 6-7 meal with devotion

Sunday, April 6: "Plateau" - John 11: 1-45



Wednesday, April 9: 6-7 meal with devotion



Palm Sunday, April 13: Matthew 21: 1-11

Thursday, April 17: 7:00 p.m. Maundy Thursday

Potluck and Communion Worship. We will experience the Last Supper, serving each other. (Activities are suspended Wednesday, April 16)



Easter Sunday, April 20: Our choir will present their Easter Contata in morning worship, with Communion served in the seats.

